Community Reinforcement and Family Training (CRAFT)

*Working with families of substance users*

March 28-30, 2016

Parents Translational Research Center
at the
Treatment Research Institute
Philadelphia, PA

Co-sponsored by:
Families for Sensible Drug Policy
Treatment Research Institute
Women’s Mental Health Associates

Supported by 20 years of peer-reviewed research, Community Reinforcement and Family Training (CRAFT) is a comprehensive behavioral program that teaches families to optimize their impact while avoiding confrontation or detachment. CRAFT methods are evidence-based and provide families with a hopeful, positive, and more effective alternative to addressing substance problems than other intervention programs.

Become a CRAFT Interventionist and learn to teach your clients the following CRAFT skills:

- Employ effective positive communication
- Identify and use positive rewards
- Develop a roadmap for understanding loved one’s substance use and pattern
- Recognizing substance use
- Take domestic violence precaution
- Allow for the "natural consequences" of use
- Practice self-care without detachment
- Get a loved one into treatment
As a CRAFT interventionist, you'll learn how to help families identify practical and highly effective ways to move their loved one toward treatment, while simultaneously improving their own lives.

CRAFT is very successful at influencing treatment- refusing alcohol and drug users to enter treatment.

- Across a number of clinical research studies, CRAFT consistently gets 64%-86% of cases into treatment, typically after only five sessions.
- In comparative studies, CRAFT treatment engagement is significantly higher than the Johnson Intervention (30%) and Al-Anon (0%- 17%).
- CRAFT’s efficacy has been shown with ethnically-diverse client populations and with other individuals in a variety of types of relationships with the substance abuser (spouse, parent, adult, child, sibling, partner, grandparent, etc.).
- Regardless of whether a family member's loved one enters treatment, the family member typically feels less depressed, anxious, angry, and has fewer physical symptoms than before treatment.

CRAFT was one of the treatments singled out for its own segment in the HBO Addiction series supported by the National Institutes of Health and the Robert Wood Johnson Foundation. Dr. Meyers and Allies in Recovery were featured in the CRAFT segment.

Overall Learning Objectives:

1. Strategies to enhance family member's motivation.
2. Functional analysis of the substance abuser’s problem behavior.
3. Teach communication skills to family members.
4. Utilize positive reinforcement with the substance user.
5. Teach the family member to allow negative consequences for substance using behavior.
6. Implement domestic violence precautions.
7. Techniques to improve family member’s lives.
8. Describe treatment invitation for substance users.
SPACE IS LIMITED…. SIGN UP TODAY

Who Should Attend: Psychologists, mental health professionals, social workers, drug and alcohol counselors, primary health care providers, and other helping professionals working with families. *Expertise in substance abuse is not necessary.*

Training Fee: $349 for two and a half days; includes instruction materials, CRAFT forms and procedure checklist. Continental breakfast will be provided. Lunch is on your own.

Registration: We have a limited number of spaces for this training. We are offering this opportunity to all interested on a first-come, first-serve basis. Email Barry Lessin at barry@fsdp.org or Carol Katz Beyer at carol@fsdp.org reserve your spot.

Location: Treatment Research Institute, 600 Public Ledger Building, 150 S. Independence Mall West, Philadelphia, PA, 19106.

Nearby Hotel Accommodations (not included in registration): Hotel Monaco, (215) 925-2111; The Franklin Hotel at Independence Park, (215) 925-0000; Wyndham Philadelphia Historic District (215) 923-8660

Continuing Education:

**PA Social Workers:** This training is co-sponsored by the University of Pennsylvania School of Social Policy & Practice, a pre-approved provider of CEU’s for PA licensed social workers.

**Psychologists:** Women’s Mental Health Associates is approved by the American Psychological Association to sponsor continuing education for psychologists. Women’s Mental Health Associates maintains responsibility for this program and its content. Licensed psychologists will receive 14 CE credits for completion of this 2.5 day-long program. CE credit is not available for partial attendance.

**Pennsylvania Certification Board:** The PCB has approved 14 hours of continuing education.

**Refund Policy:** Cancellation up to 14 days prior to training – entire refund minus $50.00 administrative fee. No refund within 14 days of training.

**Special Assistance:** If you require special assistance, please contact Elena Bresani, MS at TRI at 215-399-0908 ext. 151 or ebresani@tresearch.org.
Families for Sensible Drug Policy (FSDP) is a nonprofit global coalition bringing communities together to embrace enlightened drug policies—empowering families, restoring health, and saving lives. We view substance use as human rights and public health issues, which inform our family-centered projects that include advocating for sentencing reform to reduce the harms associated with the school-to-prison pipeline, implementing reality-based education in our schools and increasing access to effective substance use disorder treatment for our loved ones. Learn more at www.fsdp.org.

Treatment Research Institute (TRI) has been a leader in the substance use research field, with a belief that science can only be truly impactful when it is used to improve policies, programs and practices. TRI’s work focuses on applying research to change behaviors, with the ultimate goal of improving outcomes for individuals, families, and communities affected by addiction. TRI is a leading location for research on the CRAFT approach. TRI’s relentless commitment to discovering and disseminating solutions to substance-use problems drives its work, mission, and vision. Learn more at www.tresearch.org.

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